

The Gardiner Gazette



Summer 2016 - Issue #31
Free! Please take one

Town Supervisor Reflects On First Seven Months

by Fred Mayo

Marybeth Majestic, who describes herself as "a common person with common goals," has been the Town Supervisor for seven months, during which time she has learned a lot about the job. She is concerned with the repair and appearance of the Town Hall, the sidewalks in the Hamlet and the lighting. And there is an unfinished pole barn in Majestic Park. In addition, she intends to remedy the fact that "there is a lack of a long term maintenance plan."

Marybeth wants to improve the



Marybeth Majestic. Photo: Fred Mayo

way records are maintained with regard to boards and committees to insure that they reflect each member's term of office. As part of her plans for the future, she will work with each committee or department, and the board, to develop specific goals so that people are clear about what they are supposed to do, and will also get more people involved. That challenge includes increasing attendance at town board meetings, inviting more people to communicate with her, and meeting more town residents.

Coming from a family that has been involved here for many generations, she admires the Town of Gardiner and its history: the railroad;

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Expansion In Gardiner's Hamlet...

by Fred Mayo



New town houses at the corner of Milk and Second Streets. Photo: Fred Mayo

If you have noticed the new construction sites on Milk and Second Streets, you will recognize that the Hamlet of Gardiner is growing. Where there was once a field and a trailer, there is now, on three quarters of an acre, a foundation and a two story building still under construction. (Another poured foundation, further up Second Street, is unrelated to this project and will be the subject of a future article.)

The two story building, located on Milk Street, will become four town houses, each with separate entrances in the front and back, separated from each other with judiciously placed walls. So far, the building is up, the roof, windows and doors are in place and the stone work around the base of the building has been completed. The siding has yet to be added, but it will match the character of the town according to the developer, Sal Acampora.

Expansion, continued page 13

The Goodnow Family Petting Farm

by Laurie Willow

Matt and Meghan Goodnow and their five children are busily transforming the old honey farm on Route 44/55 into the Goodnow Family Farm. Now there is a Petting Farm, where folks can play with the animals, go for hay rides or enjoy pony rides. Along with a hands-on experience with the animals, there are educational sessions about the different animals as well as about self-sufficient farming. The farm is also hosting birthday parties and is available for field trips from local camps and schools.

Matt grew up among many animals at his grandfather's veterinary hospital in Gardiner, though when Matt and Meghan married they initially lived in Stone Ridge. Their family grew over the years (Jasmine 16, Jordan 13, Maddison 8, and Hope and Grace both 4) and when one of their children was diagnosed with a sensory processing disorder, Matt and Meghan thought it might help him to live with and experience animal companionship. They started with two goats and some chickens. It worked very well. Their son communicated and bonded with these pets, and it became clear that the relationships with animals were beneficial for him, as well as for the other children. Over the years, many more

animals have been added to expand their farm. Every summer the family helps the kids with showing their cows at the Ulster County Fair in the 4H shows. ("Zoey," Maddison's calf for her 4H project, was featured in the Fall 2013 issue of *The Gazette*).

The Goodnow family also runs their own self-sufficient farm. They grow fruits and vegetables and their produce is put up for the winter by canning, freezing, drying, etc., and they have eggs (chicken, duck and turkey), beef, chicken, maple syrup, herbs and honey for sale at their small shop on the property. The meat is raised on the farm, by the family, which teaches the importance of understanding where food comes from, the hard work in taking care of the animals and making sure that the animals are fed proper diets.

Now the Goodnow family is ready to share their animals and their farm with others who want to appreciate and learn about them. You can bring the kids and grandkids any weekend to visit with pigs, turkeys, donkeys, alpacas, rabbits, a Belgian horse, sheep, goats, cows, ducks and of course chickens.



Matt and Meghan Goodnow, their children and one of the long horn cows. Photos courtesy the Goodnow family. Visit our facebook page for more.



It is quite impressive to see the many different breeds of cattle on the farm, including some Longhorns that are very friendly. The entrance fee is \$8 per adult and \$5 per child and includes a hay ride. Call 845 750-7729 or go to their Facebook page at facebook.com/GoodnowFamily-Farm

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A Closer Look At Lichen

by Jon Benner

It's a mild winter afternoon in Gardiner—grey and raining steadily all day—but finally sun breaks through and the wet tree trunks light up and all but glow with splotches of vivid light green, bright against the soggy grey landscape. You may wonder, what are these green splotches that brighten your otherwise drab winter day? The answer: lichens. Mostly Flavoparmelia caperata, also known more poetically as common greenshield lichen.

If you don't already know, a lichen is a partnership of two separate organisms: a fungus (some of which produce mushrooms) and an algae (familiar to most people from stagnant ponds), which have agreed to go through life together. Often, both the fungus and the algae can live fruitful and productive lives on their own, and a typi-

cal Gardiner resident could go through life completely unaware of their existence, but when they come together to form a lichen, they take on a very different and leafy form, and when wet may take on a pleasing bright green glow....

Lichens are considered a mutualism, a partnership between two species in which both species benefit (as opposed to parasitism, when one species benefits and the other is harmed). In this case, the fungus benefits because it lives off of the sugars that the algae produces, and the algae may benefit because it gets a moist, protected and cozy home nestled in the tissues of the fungus. However, it may be more appropriate to view a lichen as a parasitism—a "fungus that has discovered agriculture," farming crops of algae in its tissues, the



Flavoparmelia caperata, Photo: the Internet. Visit our Facebook page for more pictures.

algae held in a sort of agricultural slavery. Lichen researchers have yet to resolve which is the more accurate view of the relationship.

There are several species you will most commonly notice in Gardiner. One is the aforementioned Flavoparmelia caperata, one of the most common tree-dwelling lichens in North America. Many species of lichen are very sensitive to pollution produced by humans (from car exhaust, factories, agricultural fertilizer, etc.), and can only be found in wilder areas where the air is pure, but some—common greenshield lichen included-can be found gracing trees in towns and city centers (as well as forests) across the country.

Another widespread and pollution-tolerant species found on tree trunks in Gardiner is Punctelia rudecta, or the rough speckled shield lichen. A more muted greyish blue-green than the bright green rock greenshield, it can be most easily identified by the white spots which speckle its upper surface, hence its name. On rocks, there is a different cast of characters. Lichens usually specialize in living on either bark or rocks, though a few don't seem to be picky. The most prominent rock-dwelling lichens in Gardiner are species of Xanthoparmelia. They can grow quite slowly, expanding outward in a circle as the years pass, and the size of their circles has been used to date weathered gravestones.

An article on lichens in Gardiner would be remiss not to mention Umbilicaria mammulata. also known as smooth rock tripe. It prominently covers rock surfaces on the ridge in Mohonk Preserve and Minnewaska State Park with flaky brown and grey potato chiplike growths. Though purportedly edible with proper preparation (the Lewis and Clark expedition is said to have subsisted entirely on Umbilicaria during a lean time), from my experience I can only recommend them if the alternative is starvation-and lichens grow slowly, so it's best to leave them where they are.

There are many other species on trees and rocks around Gardiner! Especially on older maples, oaks, or other hardwoods, you can readily find upwards of five or six different species, even if you don't know what they are called. If you get bitten by the lichen bug and just have to find out more, I can recommend a lovely (if lengthy) book, "Lichens of North America", by Brodo et al. Next time you find yourself with some free time, grab a magnifying glass and spend some time studying the tree trunk in your backyard.... at the very least you'll get some fresh air, and you might find the lichens quite beautiful. And should you find your trees to be absolutely covered with lichens, don't worry, they do not harm the tree at all, but merely use it as a convenient perch.

WEDNESDAYS ... THURSDAYS ... **FLY SOUTH OF SLOW DOWN** THE PACE THE BORDER with our authentic with our Slow roasted prime Mexican menu rib dinner \$19.95 all entrees \$12.95 Classic car gathering, Thursdays 4:00 - 9:00 **FRIDAY NIGHTS** HAPPY HOUR - 1/2 price drink specials NE Regional Skydiving Competition, 6:00 Win a free tandem jump sponsored by Skydive the Ranch Nucavu.com Open for lunch & dinner 857 Plains Road, Wallkill Wed. thru Sun. 845 895-9000 at 11:30 am

It's always restaurant week

Dog Watch Dave: Keeping Our Pets Safe

by Anne Allbright Smith

What are all those surveyor flags doing around houses all over town? As many of us know, they are a sign that Dave Wingfield, or "DogWatch Dave," is keeping our dogs safe. How does it work? A wire is buried around the perimeter of the owner's home and a digital transmitter, installed indoors, transmits a signal to the buried wire. The dog is fitted with a special receiver on its collar and training flags are set up inside the hidden fence to warn the dog when he/she is getting close. The dog is then taught not to go beyond the training flags. As a dog trainer, I did my own teaching after having one of Dave's fences installed, but this training is a very important service typically provided by Dave.

Dave says he uses "a special technique" that he taught himself over the past 26 years. The trick is teaching the dog to jump back into the safety area when it hears an audible warning rather than running through the fence, getting "corrected," and ending up on the other side. Most dogs learn this pretty quickly as they are not interested in getting corrected; my dogs have made my life easy by teaching the boundary to the new dogs who have joined our family. Dave says that he has trained over 7,000 dogs to the Dogwatch hidden fence system and only a

handful have been unsuccessful.

Dave installed his own system at his house in 1989, while working as a service manager for Toyota. He was so impressed by its effectiveness on his one year old lab, Chance, that he decided to research dealer availability in Ulster County to install and sell these systems. At that time Yellow Pages was the way to advertise. He also took out a small ad in local papers and showed his product at Home and Garden shows. He started getting busy from the start, and by 1995 resigned from Toyota to focus on his business full time.

Dave says, "I love my job! I love dogs in particular! And now I've been in business since 1991, keeping dogs safely contained and giving their owners peace of mind—both very important to me." He adds that he couldn't have been successful without his dedicated staff-Tippie Flannery, who manages office operations, and Jason Krezminski and David Folina, who install and service the product. Dave does the estimates and trains the dogs.



Dave Wingfield, Princess and Tippie Flannery. Photo: Anne Smith

DogWatch, Inc. is worldwide; dealers are located in every state and overseas. Dave lives in Gardiner but his territory covers Orange, Ulster, Dutchess, Sullivan Counties, and parts of Connecticut and Massachusettes. "Yes, we do a lot of moving throughout a normal work day. It's not unusual for me to rack up 200 miles on the odometer!"

DogWatch also sells training

products such as a remote trainer, a leash trainer, and a no-bark collar. He and David Folina will soon be releasing an organic tick and mosquito yard spray service.

Hidden fences can be installed to enclose 1/10th acre up to 100 acres. "Cats also do well with it," Dave says, "and pigs are super smart!" DogWatch Hidden Fences can be reached at 845-255-3126 or at www.dogwatchdave.com.

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Out Of Sight, Out Of Mind Indian Point Is Just 31 Miles From Gardiner

by Barbara Sides

The Indian Point power plant sits on the banks of the Hudson River in Buchanan, NY, 25 miles north of New York City and 31 miles, as the crow flies, from Gardiner. In the event of an accident or terrorist attack, there is no evacuation plan for the 17-20 million people who live closest to the plant. Entergy Corporation, owner of the plant, has a plan to evacuate only a two mile radius around the plant, though Gardiner is one of the communities within the 50-mile "peak injury zone."

The Department of Defense has written that the plant is vulnerable to a terrorist attack and the Nuclear Regulatory Commission (NRC) reports that of all the country's nuclear reactors, Indian Point has the highest risk of being damaged by an earth-

quake; it sits on the intersection of two fault lines.

The plant consists of two reactors, both of which have been operating without a permit—one since 2013 and the other since 2015. Entergy is asking the NRC for a 20-year renewal of the lease for each reactor and the Commission's review will determine if Indian Point stays open or is decommissioned.

In the past year, the plant has had 10 unplanned shutdowns for a variety of reasons. Among them: a power failure in the reactor core; a major oil spill; a pump failure; a transformer explosion which spewed oil into the Hudson; a leaking



The Indian Point power plant. Photo: the Internet

water pipe; an alarm failure; flooding in a room equipped with safety equipment; and radioactivity discovered in surrounding ground water. Shutdown #10 involved damage to 227 of the 832 bolts that secure the reactor walls which, according to the NRC, "significantly degrades plant safety."

The unrelated company Spectra Energy is in the process of building a 42 inch, high-pressure gas pipeline that will run 105 feet from Indian Point's cooling generators, stoking fears that a gas explosion could seriously damage the plant's generators. Entergy claims that the plant could be shut down in time to avert a disaster, but neighbors are skep-

Indian Point, continued page 15



Gardiner's Chain Saw Carver

by Ray Smith

Massive five or six foot lengths of log standing upright outside a lone two car garage on Route 44/55 gradually became artworks . . . owls, hawks, an eagle.

The unlikely self-taught sculptor is Guy Wright. He's a twenty-three year veteran Air Force Master Sergeant, now retired, formerly a loadmaster for C141 cargo jets. His real avocation is skydiving, as witness his more than 16,430 jumps.

Born into a military family in Seattle, Guy's father, now a retired Air Force Command Master Sergeant, tried to nudge him into the military. But as a long haired, hippy, rock and roll teenager, Guy would have none of it. Then after "a long party," Guy realized he had to do something with his life. He joined the Air Force the next day, in 1975. "It was the tail end of the Vietnam War, so we were airlifting people out. I was in the second plane across the drop zone in Granada; served in special ops; flew the French Foreign Legion into Kinshasa; got wounded. I was in the Panama Invasion that resulted in Manuel Noriega being deposed, and flew in support of Desert Storm and Desert Shield."

After leaving the service, Guy managed the Gardiner Airport for Joe and Billy Richards for ten years. Since he's also a qualified helicopter pilot, it's not surprising that Guy spent his birthday, on September 11, 2001 with Billy Richards in his Aérospatiale Twinstar copter ferrying supplies to Ground Zero.

While working at the airport, Guy got interested in the work of arborists and then, in 2012, he saw the TV series, "Saw Dogs," about chain saw carvers. So he started carving on trees and stumps he'd cut down. When I visited his shop in April, Guy was working on a large "stump" cut off at about twelve feet high from a tree at Osiris Country Club in Walden. Four thick branches spread upward from this piece and on the stubs of those branches, Guy was fashioning a quartet of



Guy Wright in a photo he took himself with his iPad (and no, this is not an advertisement!)

owls. When completed, they would be returned to the top of the twelve foot stump at the 150 yard marker on the sixteenth fairway.

Normally, all of Guy's work is used for the benefit of either the Wounded Warriors Project or Disabled American Veterans. While I was talking to Guy, a couple from Fishkill stopped, admired a piece and asked about buying it. Guy explained, "I usually donate my work for

auctions by Wounded Warriors or Disabled Vets, so they get the proceeds. There are certain pluses when your shop is on a main road, what you do is unique and highly visible from that road, and your work benefits someone other than yourself; people see what you're doing, and some turn around and come back."

Guy adds, "if you like a piece and make a reasonable offer, I'll sell it to you when completed. Just write your check to either Wounded Warriors or Disabled Vets."



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Growing Old With Style

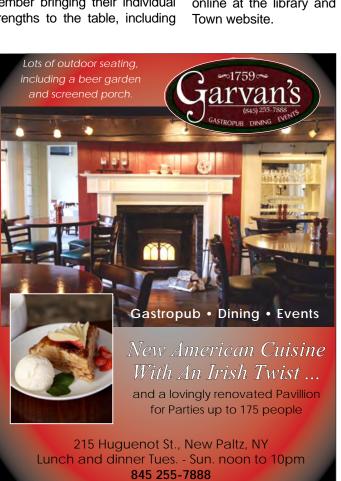
by Jane Barile and Stephen Weir

As Betty Davis once said, "Growing old is not for sissies." Unfortunately, the view of many people is that retirement means sitting in one's rocking chair remembering the good old days. Yet, for many seniors that view is far from accurate; instead, they are seeking to live a meaningful and event-filled life.

The Gardiner Senior Resource Committee (GSRC) couldn't agree more. So, in April of 2011, as part of an 'aging in place' initiative, the GSRC formed, with the goal of helping local seniors remain in their communities and homes, living active lives with dignity and independence. Our committee, co-chaired by Marie Zapf and Margaret McDowell, meets monthly with each member bringing their individual strengths to the table, including

backgrounds in administration, local government, law, transportation, nursing, information technology, ecology and teaching.

We have held Senior Expos, with many Ulster County groups and agencies attending, and we publish a yearly resource guide, an invaluable tool filled with useful information and contact names and phone numbers in the areas of health services, household assistance, emergency response and interventions, transportation, legal services, senior discounts and more. This free guide is available at the Town Hall, Gardiner Library, local food pantry and houses of worship, as well as online at the library and the





Left to right, back row: Marie Zapf, Margaret Armento-McDowell, Maryann Osgood, Jane Barile, Stephen Weir. Front, Joe Trapani, Harriet Straus.

Photo courtesy the Gardiner Senior Resource Committee.

Although, we've come a long way, we don't intend to rest. Recently, we began a series of open forums entitled "Knowledge is Power," with guest speakers who focus on senior issues such as elder fraud, healthcare management, asset management and socialization. One in May, on legal services and financial management, was held at the Gardiner Library and was a huge success; over 40 attendees, including representatives from the Ulster County Office for the Aging. It was standing room only!

Over the past year, the GSRC has also started a newsletter that goes out several times a month, listing items and events that might help involve seniors in exercise programs,

social events and community causes, and we have expanded our out-reach efforts. Every Thursday, members of the committee host walking tours, and later meet at Pasquale's for a casual get together. We have also begun actively promoting and attending meetings of the New Paltz/Gardiner Senior Club and the New Paltz Settled and Serving in Place Group.

We are optimistic about our future, but our success rests with Gardiner residents' participation. If you are interested in getting involved, please email your name and email address to sweir12525@gmail.com in order to get on our mailing list. A member of the committee will contact you about ways that you can assist.

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Library Offers History, Travel And More

by Nicole Lane

The warm, long days of summer allow us to take advantage of the wonderful outdoor activities in our area. Yet, even though the cold, darker winter days are returning, the Gardiner Library has lots of plans to keep you from getting the winter blues. Art shows, themed series, one time events, and ongoing programs should make the library a very busy place this winter.

The library's travel series will provide opportunities for the whole family to learn about the cultures, animals and natural environments of places around the world. Presentations include Bill Fiero's travels to Taiwan and Kenya, Susan Sprachman's photo exhibit of her time living in Iran, with a talk on how Iranian women use style and flair to bend restrictions on showing their hair and bodies, and Lanz and Kristen von Hörsten's slide show of their photography of the scenery and animals of South Africa, Namibia and Botswana shot while on expeditions, which they organize.

The fourth annual winter concert series will open with four time All-Ireland Fiddle Champion Dylan Foley. Musicians

consistently comment on how much they enjoy playing in our community room and love our audiences. (After the concerts, walk over to Gardiner Liquid Mercantile with your concert ticket and receive \$5 off a meal or beverage.)

Local history buffs will enjoy Gardiner Town Historian A.J. Schenkman's talk about Big Bad Bill, Gardiner's own Desperado. Frances Dunwell, author of The Hudson: America's River, will also give a book talk on the history of the Hudson River and its influence on trade, politics, art and architecture in the region, as well as conservation efforts it inspired. In 2017 photographer Michael Gold, with Fred Mayo, will present a lively talk on their new book American Table Manners: Good & Bad which includes over one hundred of Michael's pictures.

Other new series in the works include a wellness series by local herbalists and nutritionists, and a history series on medieval crafts with live demonstrations and future art shows include photographs by Trina Greene and Susan Sprach-

A South African water buffalo. The library's travel series will offer a slide show of photography of the scenery and animals of South Africa, Namibia and Botswana Photo: the Internet

man, paintings by Amy Cote and Stacie Flint, and drawings by Howard Miller. Many of these shows will appeal to children as well as adults and because the shows are relatively small they provide a great opportunity to expose kids to artwork without them feeling overwhelmed. Most importantly these exhibits allow the public to see some fun, exciting and original work by artists living in our community.

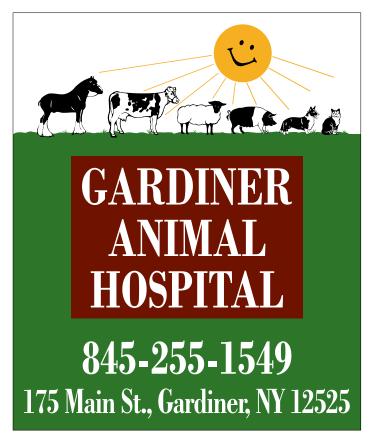
Of course, the library's ongoing events will continue including our Repair Cafes, slow jams, open mics, drive-in movie afternoons for young children, Italian conversational classes,



singing groups and more. Part of the mission of the Gardiner Library is to "provide materials and services to meet the educational, cultural, and social needs of our growing community."

The staff at the Gardiner Library works hard to develop programming that reflects this mission but we are always open to feedback and suggestions. If you ever have the time please stop by, write or call, your input is very important to us. \square





From West Point To Gardiner To Yankee Stadium

by Carl Zatz

A blue and white DHC-6 Twin Otter aircraft powered by two Pratt & Whitney turbines takes off from Gardiner Airport carrying 20 skydivers, 10 of whom are the Black Knights-the Skydiving Team of the US Military Academy (USMA) at West Point. Team Captain, Cadet Raheem Ishmael, a senior, leads the squad to a position by the door. At West Point he has his sights on being a physician. The sound of the prop prevents any conversation. Head Coach Tom Falzone leans out the open door and checks the plane's bearing.

Falzone lives in Gardiner and coaches the Black Knights. The program started in 1958 at the Galeville Military Airport, (now The Shawangunk Grasslands) which was the original drop zone. They trained alongside military pilots, the FBI and the US Marshall Services. Falzone believes the Black Knights may be the best leadership program at West Point. "Seeing a cadet build confidence, provide mentorship, develop personal skills, and express humility in the face of a highly charged activity-no timeouts in this sport-is what keeps funding and support directed at the Knights," Falzone says. The team works in a mission-oriented environment with a form of stress and experience that few other cadets experience. Ishmael agrees. "The training teaches us to assess and mitigate real risks that come with serious consequences."

Coach Falzone, 56, is a professional skydiver, originally from California. He made his first jump 30 years ago and has been invited to coach military teams in Spain, Italy, Czech Republic and a two-year stint coaching the Thai Army. Ultimately, his 15,000 jumps helped secure his invitation to be full time coach at USMA—his dream job. He also trains our military in High Altitude Low

Opening (HALO) and High Altitude High Opening (HAHO), a confidential assignment he assures is not up for further discussion.

The team also practices in a Sikorsky Lakota, a light utility helicopter, for demonstration jumps into places like Yankee Stadium, Citi Field, or the Army-Navy game. "The most exciting part for the crowd," Ishmael says, "is when we land with the Stars and Stripes and one of the cadets catches the flag. After one demonstration at the Army-Navy game, a young boy told us that "the real MVP is the guy who caught that flag!"

The Black Knights recently took the National Collegiate Parachuting Championships in Lake Wales—with 101 competitors from UCLA, UCONN, Virginia Tech, and other institutions—from its closest competition, Air Force, by winning the Gavin Gavel award, the Most Competitive Collegiate Skydiver award, and the most medals overall.

Joe Richards is co-owner of The Ranch Skydiving Center on Sand Hill Road, a Drop Zone renowned for its international clientele, its quality aircraft, and the high level of skydiving talent that dots the sky. The surrounding vista is icing on the cake. Gardiner Airport has been there for more than half a century and the Ranch has welcomed collegiate and military teams for decades. "Having West Point here [since 2005] is a big positive," says Richards. "I think they make us more credible as a business and they bring revenue into Gardiner. The jumpers love having them here."

Tom Falzone believes there is something greater at work. "The huge support from the skydiving community validates and legitimizes the sport." The team recently was down an aircraft for a demonstration jump into the Special Olympics. Richards donated a Pilatus Porter single engine turbine. The mission was executed



Head Coach Tom Falzone about to exit the Lakota. Photo courtesy The Black Knights Skydiving Team. Visit our facebook page for more.

to the absolute delight of the crowd. Richards says, "You have to admire someone who wants to serve their country—students whose future job is to defend our liberty and freedoms."

Falzone says, "This is the nation's academy. It's 102 years old and its mission has never changed. These cadets representing the Academy at the Ranch, interacting with folks in town, executing their mission, make me proud and it gives me a window into what these young men and women will become." The conversations of Ranch jumpers corrobo-

rate Falzone's enthusiasm.

On this day, the plane has reached altitude. The weather is CAVU, aviation jargon for Clear And Visibility Unlimited. Falzone takes one last look at the airport 13,500 feet below. The team performs safety checks. A quick look at the team and the Coach spins out the door and holds on. Ishmael follows. Six jumpers are crouched and coiled, ready to exit. Falzone calls out, "Ready, Set, Go!" but the words he shouted to the sky might just as well have been, "I love this job."

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Just A Bite ...

(Breakfast Sandwiches I Have Known ...)

by Carol O'Biso

What do you think about two fried eggs, perfectly ripe avocado, pesto, tomatoes and cheddar cheese on a spinach or sundried tomato wrap? It's called a Huckleberry Frolic over at the Mountain Harbor Deli at the corner of Route 299 and 44/55, and I thought it was delicious!

Formerly known as the Mountain Bistro Store, the Mountain Harbor Deli has been owned by Gardiner resident Chris Napolitano and managed by New Paltz resident Mickey Lefevre for over two years now. They kept some of the old favorites (like the Huckleberry Frolic, \$6.50) and added quite a few items of their own. It was a difficult choice. I didn't think I could manage the Harbor Heart Attack (three fried eggs, three sausage patties,

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bacon, ham, three slices of American cheese and mountain man sauce on a sub roll, \$8.50), but the Mountain Woman sounded great (two fried eggs, bacon, muenster cheese, pesto and hot sauce on a hard roll, \$4.75), and their "Build your own" breakfast sandwich seemed like great fun; a selection of meats, a selection of cheeses, a selection of breads and, of course, eggs, any of which you cobble together as you wish (prices for various items are listed on the menu so you can build to your own taste and financial specifications ...). It was quite a dilemma until Mountain Harbor team member Louis Bozzella said, "You can't go wrong with the Huckleberry Frolic." He was right.



The Huckleberry Frolic wrap at Mountain Harbor Deli Photo: Carol O'Biso

Breakfast is served until 4:00pm at the Deli, but they also have a great selection of lunch sandwiches. They're open from 6:30am, until 6:00pm weekdays and 8:00pm Fridays and Saturdays.

The Mountain Harbor Deli is the nearest source of sup-

plies for the nearby campground on Route 299 and those campers must be delirious to find not just plain old food, but carefully crafted, deliciously prepared food. A wide selection of bottled beers rounds everything out nicely.

Give it a try: 3124 Route 44/55. 845 633-8705.

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Kettleboro Cider House:

Reviving An Ancient Beverage

by Fred Mayo



In an area full of wonderful apples, it is exciting to find a person with a dream of making apples into a special, hand crafted product—apple wine and hard cider. The earliest recorded use of hard cider

was in Rome, 55 BCE, but it has recently been having a renaissance in the Hudson Valley.

Tim Dressel, the grandson of Rod and Ethel Dressel, apple farmers and local legends, started Kettleborough Cider House a few years ago and wants to "revive cider beverages and educate the customer about what good cider is and can be." Every fall on "Pick Your Own" days, he operates a tasting bar in the Farm Store, behind the Dressel Farmstand. There, he engages individuals in conversation about his hard ciders, the foods they pair with, and the reasons to enjoy hard cider. He also sells his hard cider vear round in the Farm Store.

As a student at Cornell, Tim enjoyed taking wine classes and working in a winery. When he came home to work on the farm, he planted some wine grapes, but

it takes three to four years to produce decent grapes and then a year or two to ferment and rest. While he was waiting, he decided to try hard cider using a scientific approach to make "quality crafted ciders that can be held up to the same standards as wine."

Much of his hard cider comes from Northern Spy and Stayman Winesap applies grown on the 450-acre family farm. However, he has planted about 20 special varieties of cider apples with fascinating names like Esopus Spitzenburg (raised from a chance seedling dropped in Esopus in the 1800s and cultivated since), Dabinette, Harry Masters and Chisel Jersey.

Kettleborough Cider House produces a dry cider, a honey honey cider and a lightly hopped cider. The dry cider won a Silver Medal in the Cider Category in the 2013 Hudson Valley Wine Competition. It is a popular cider made from Granny Smith and Northern Spy apples, which provide a crisp and clean flavor and is a wonderful complement to Dressel Farm's regular cider; combine the

two for an Apple Mimosa! The honey honey cider is made with Stamen Winesap apples flavored with Honey Crisp apples and local Wildflower honey. It has become very popular with those who like a sweeter hard cider. The dry hopped cider is new this summer and combines Ginger Gold and Tideman apples so that the acidity of the hops complements the sweetness of the apples. It is an unusual combination, and he looks forward to comments when people taste it late this summer and this fall.

Like many of his peers, Tim is committed to using local products and selling locally; his hops are grown by Colin Boylan of Wright's Farm and much of Tim's Cayuga White grape crop is sold to Whitecliff Winery. He is also partnering with Gable Erenzo of Gardiner Liquid Mercan-

tile on possible fruit spirits. Gable has located his still on the Dressel Farm, which provides the fruit. It is an exciting partnership since Gable has a distillery license to make spirits off site and Tim only possesses a farm winery license. Together, however, they can make a wider range of products. Surely, this kind of partnership will help realize the dream of most Hudson Valley cider brewers-to make the Hudson Valley to cider what Napa Valley is to wine. As Tim says, we have the "fruit, the ability, and the market!"

Watch in the future for the introduction of his apple wines, still in development, and a possible non-carbonated hard cider. Wait for the announcement of the hop cider, stop by the tasting bar on "Pick Your Own" days and check out the website at Kettleboroughciderhouse.com.

Back Comment

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Supervisor, from page 1

the aqueduct; the local school houses; and the old hotel; not a surprising priority for a person who is a member of the Gardiner Historical Society. In fact, her dream is to "improve the Town of Gardiner and make it more affordable so that my boys can stay here as long as they want."

Marybeth is surprised that more people are not calling, writing or emailing her; she welcomes more communication from Gardiner residents on any issue. She plans to visit and introduce herself to all the small business owners in Gardiner but has not had a chance to do so yet. She has not even visited all the town facilities yet, since she has been busy juggling daily activities, monthly priorities, and ensuring that the business of the town is being taken care of in a timely manner.

Her overall goal is to find out whom in the town needs her help

and find out how she can help them. This fits well with her personal motto, which is "I know what I know, and if I keep my mouth closed and my ears open, I might learn what you know."

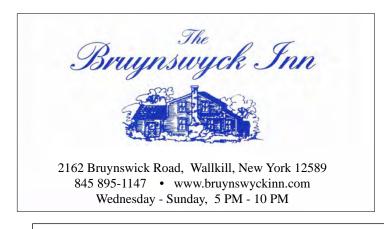
As part of her strategy to make the Town Board more effective, Marybeth separates the two meetings a month into a workshop and a regular meeting so that ideas and new topics can come up at the workshop meeting for discussion but no vote. Then the regular meeting is for voting; it helps Town Board members have more time to consider issues and provides more time for public comment at workshop meetings. has found that "most board members need to take some time to process; there's a lot to comprehend in the issues that the board addresses."

In addition, she would like more Gardiner residents to attend Town Board meetings and get involved in local government.

Her goals include revising the entertainment law, which deals with large events being held in town; making the cell tower functional; assuring broad band/internet access for everyone; reconsidering the proposed field of solar panels; finding new leadership for the Parks and Recreation Commission now that Mike Gagliardi will be resigning this fall, after 13 years as the Chair of that group; and making Town Hall shine again. This will involve pressure washing the walls to remove mildew, fixing up areas that show a lot of wear and painting. Marybeth has personally already washed windows, planted flowers, and weeded, while also arranging for the repair of the

rot in the front entry area. Some of her other challenges include developing a new lean budget when the current one is already "as lean as lean can be," and the lack of maintenance on town property. Clearly, Marybeth is concerned about the limited tax base in Gardiner and the need to improve the infrastructure of bridges and roads.

Although she finds the work of government inherently slow, she proudly says, "I am figuring it out, cleaning out and fixing up." Luckily her sons are mostly grown, which provides more free time, and she makes time since she is very proud of the town. She is also appreciative of the wonderful people who volunteer for the Fire department and the Rescue Squad, the dedicated people in the town office, the great individuals on various committees and the Gardiner Library staff for their programming. "I give them a lot of credit for what they do." $\square \Leftarrow \underline{\textit{Back Comment}} \Rightarrow$





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Greg Dawes

Lost And Found In Gardiner

by Jo Salas

My cat, Tula, disappeared last October. She and her brother, Nijinsky, abandoned along with their siblings, have lived with us since they were six weeks old. Tula grew into a pretty cat with a tapered face, tiger stripes, and big round eyes. Her favorite pastime was to sit on my chest and gaze at me, from time to time emitting a little squeak and reaching out a soft paw to pat my chin.

Although there's a cat door to let the cats in and out (installed when they absolutely insisted), Tula would spend most of her time inside, usually snuggled beside me as I worked. Occasionally she'd snooze downstairs instead. On that October day, it wasn't until late afternoon that

we realized we hadn't seen her since the night before. We investigated her various hiding places. By 11pm she hadn't reappeared. Worried, I walked around the yard with a flashlight. I expected she'd come back during the night. But she did not. I began what would become a months-long search. I called and emailed neighbors. I knocked on doors, handing out flyers. I posted on Facebook and put signs on telephone poles.

Gardiner is a small and friendly place: I already knew most of our closest neighbors and soon met others who live further afield. Almost without exception, people expressed



Tula. Photo: Jo Salas

concern and a desire to help. They let me search back-yards, under porches, and inside basements, garages, and sheds. One kind neighbor lent me a wildlife camera that I set up at spots where someone said they might have seen her. I visited day and night to replenish food and check the camera. It caught images of other cats and a skunk, but not Tula.

During the months of my search, dozens of people in

Gardiner phoned or texted with possible sightings. I followed up every lead. One text arrived when I was in Chile without—or so I thought—any phone connection at all. "Yes or no?" said the unsigned text under a photo. I longed to say yes. On four occasions people told me with certainty, "I have your cat!" But it was never her.

After living here for 22 years, I thought I knew Gardiner well. But this search revealed hidden landscapes more beautiful than I'd imagined, including a spectacular vista not half a mile from my own house. And I found a community of people who astonished me with their compassion and readiness to help.

I am very grateful for what I found. But, as of this writing, I have not found Tula. I haven't given up hope. \square

Expansion, from page 1

At the time of this writing, the interiors are sheet rocked and serving as storage locations for cabinets, doors, and other elements of new construction. Sal, a resident of Plattekill, is already looking for tenants for the town houses, which he expects to be completed by mid September. He is proud of what he is building since "Gardiner is a beautiful town, and I am honored to be able to do something for the town."

When the town houses are rented, Sal will move on to his other project—the commercial building. Located on Second Street, around the corner from the town houses, it will be about 4,800 square feet, half of it on the first floor and half on the second.



He has not made decisions on all the aspects of this particular building since he has no tenants, and he wants to create a building that suits the businesses or offices that want to move in. There will be curbside and off street parking, and plenty of retail or office space for the tenants, who will have offices just a short walk from Main Street as it goes through Gardiner.



Beeswax, Fireworks, and Mushroom Spores:

The Art Of Cynthia Winika

by Marilyn Perry

A beautiful ancient Greek art form called encaustic painting, based on melting beeswax and resin to create mysterious and luminous images, is enjoying a modern Renaissance thanks to the high quality encaustics made by R & F Paints in Kingston. Artists from all over arrive there to learn the techniques at the hands of Gardiner resident Cynthia Winika, who has lived in Gardiner since 1978 and is inspired by the Gunks and surrounding area.

Easy, outgoing, imaginative, and very engaged, Cynthia is a talented mixed-media artist whose life has given her a background in both Western and Eastern traditions. She loves sharing the wonder of painting with wax, and in 2014 was named the best teacher of

the year by International Encaustic Artists.

In her own work, Cynthia is constantly exploring ways to bring life and art together. One literally explosive example is the use of fireworks, which she lights above a large paper. As the fireworks die, their afterlife of marks and fired elements become part of collages to which she adds her own drawings and sketches, bits of found objects, colored papers, and transfers. Anchored in wax, visible from two sides, the works assume a new life in a larger, created whole.

Similarly, Cynthia brings her adventures as a serious mycologist (the study of fungi) to bear in her art. Gather-



A collage by Cynthia Winika from the Gardiner Open Studio Tour. Photo courtesy Cynthia Winika

ing all manner of fungi from as close as her backyard woods on Hasbrouck Road, she experiments with making mushroom spore prints in encaustic paintings that illuminate the imagination as the stars illuminate the sky. These natural and mysterious elements are gathered into beautiful works of art.

Cynthia's resume is a long and rich list that reflects a life of teaching, creating, and displaying art in institutions around the United States. Her studies took her to Hawaii and Taiwan, as well as more familiar venues closer to home.

She is a stalwart of the Women's Studio Workshop in Rosendale and her work has been collected by several museums, including the Museum of Modern Art in New York. In 2006, an exhibition of her fungi-based art in New York City was written about in the *New York Times*. Closer to home, you may have seen her work in the Gardiner Library.

Cynthia can be reached via email at sisu5109@gmail. com. □

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Indian Point, from page 5

tical. Some protests have resulted in arrests, and a grassroots attempt to stop the pipeline that garnered 30,000 signatures, failed to halt construction.

Because nuclear power plants provide nearly 60% of carbon free power and run at 90% capacity, they are helpful in battling the effects of climate change. Some advocats even advocate for taxpayer bailout of our many aging plants, or subsidies like those available to some clean energy initiatives. But those who oppose the plants argue that we should be investing in solar and wind—and that there are 75 tons of nuclear waste currently stored at active power plants. Many worry that the waste is poorly stored and maintained. The next generation of nuclear plants may be able to burn spent fuel, but the process will be expensive, and nuclear plants are already

having trouble competing with cheap natural gas and a lower demand for electricity.

The majority of US reactors are older than 30 years, and 33 aging reactors have been permanently shut down, including the Entergy owned Vermont Yankee Plant. In an agreement made possible by the cooperation of unions, environmentalists and the power company, the latest shut down is planned for the Diablo Canyon plant in California when licenses for its two reactors expire in 2024 and 2025. Pacific Gas and Electric will replace the energy the plant generates with solar and wind energy at a lower cost.

Advocates for nuclear energy lobby for investment in maintenance so as to improve safety in existing plants. Others would rather invest in renewables. Last year,

the Obama administration pledged a combination of private sector commitments and executive actions to provide \$4 billion for new, clean energy initiatives. Such action would also create jobs since any plant closing agreement would require "retain and retrain" provisions for workers. It is the fear of loss of jobs as well as concerns about having adequate energy that compel organizations like the Affordable Reliable Electricity Alliance and the Gateway Chamber of Commerce to lobby the NRC to keep Indian Point open. The plant generates 12.5% of power capacity for the downstate region.

A 2012 report commissioned by The Natural Resources Defense Council and Riverkeeper concluded that efficiency measures and new energy options could replace Indian Point at a cost of a about a dollar per month per household. NYS Assemblyman Kevin Cahill, former chair of the Assembly Committee on Energy says, "Indian Point can be shut down without unduly burdening New York's ratepayers or the electric system. We have the framework and the resources for a future without Indian Point." Governor Cuomo, also a proponent of closing the plant, is championing clean energy throughout the state, and his plan is to have NYS running on 50% renewable energy by 2030.

While there is no shortage of competing, passionate arguments on both sides of this debate, they are all in the communities immediately surrounding the plant. Those of us who live within Indian Point's 50-mile "peak injury zone" have yet to express an opinion. Nevertheless, the issue is neither theoretical nor academic. Indian Point, 31 miles from our town, is a sobering reality.

Back Comment

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Retirement For Two Founding *Gazette* Members

by The Gazette Editorial Committee



It's hard to believe *The Gardiner Gazette* has just released it's 31st issue. You might recall the front page of our first issue (Winter, 2009, above), when a "human book chain" moved the library from it's old building to the new one.

It's even harder to believe that two founding members of *The Gazette*, Anne and Ray Smith, are retiring from our ranks. We can't thank them enough for their years of service to this endeavor, and we don't know quite how we'll fill their shoes.

Anne has written countless articles, and her suberb photographs have made the front page more often than anyone else's. She also handled thank you notes to our donors and managed our Facebook page.

Ray produced some of our most interesting articles, served as our Business Manager for the first five years and our Ad Sales Manager for a few more. Both did their fair share of proof reading, with Ray



getting the prize for best "catch" when he noticed a real estate ad mentioning a "walk in panty." We will miss their smiling faces, thoughtful opinions and hard work, and we wish them the best in whatever they bring their considerable skills to next. $\square \iff Back Comment \implies$

About This Publication

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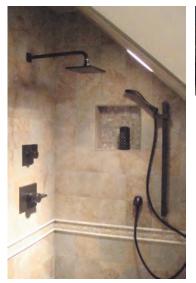
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